

The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

January 2025

IMPORTANT DATES IN JANUARY

Wednesday, Jan 8th – Hybrid General Business Meeting, 7:30 PM (Rosary at 7:00)
@ Guadalupe Center, QofA, Knights' Chamber and ZOOM
Tuesday, Jan 14th – Christ House, 3:30 PM @ Christ House
Tuesday, Jan 21st Free Throw Contest, QofA School Gym @ 5:00 PM
Friday, January 24th – March for Life

DUES NOTICES for 2025 HAVE BEEN sent out and are DUE NLT JAN 24th!

Please pay your dues as soon as possible! See Article in this Edition
If desired, pay online at <https://queenofapostles.cbchurch.com/goto/forms/19/responses/new>
The financial health of the Council depends on your timely remittance of dues!!

Grand Knight's Message

May the New Year begin with fresh joy and a peaceful life. I wish for you to experience warmth, togetherness, and prosperity as well. We excused everyone from the Officer's Meeting, which should have been on the first Wednesday, New Year's Day, so they could continue to enjoy time with their families. Our regularly scheduled General Business Meeting will be held on Wednesday, January 8. Please invite a fellow Knight to join us for this important meeting—we will begin a discussion about our Lenten season fish fry.

This annual event is crucial as it is our *major* fundraising activity of the year and holds significant importance for our parishioners. Brother Knights, the fish fry requires the participation of a large number of us. We will need people to shop for supplies, fry and cook the fish and side dishes, serve food, and handle cleanup. This is not a task for just five members; we need the involvement of approximately 40 members.

Later *THIS* month, we will hold our annual basketball free throw competition. It is scheduled for Tuesday, January 21st in the school gym. Please plan to volunteer at this event to support the schoolchildren who in turn support us through their food drive for our council. Supporting them in their activities is a means to plant a seed for their future interest in the Order.

This month also marks the beginning of the last half of our fraternal year, and we still have several activities planned. Please use the group chat platform to report the number of hours you have spent visiting nursing

homes or elderly homes to assist with various activities. We also need to know the hours you have spent visiting the sick. This information is necessary to complete the fraternal year survey, which is due this month. Additionally, if you volunteer in any parish ministry or participate in adoration, those hours should be included as well. Thank you!

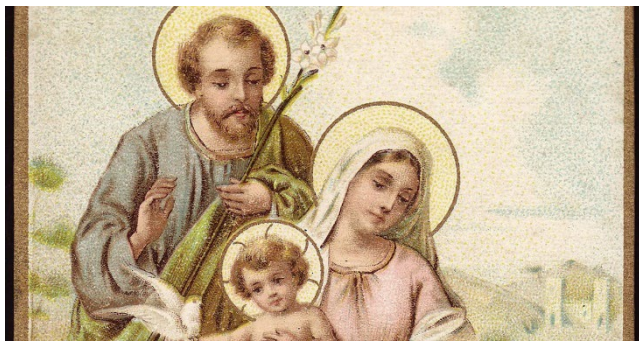
Vivat Jesus!
Fraternally yours,
Patrick Okoronkwo, GK, PDD, FFN

Knights of the Month

We are proud to recognize Sebastian Amaya as our Knight of the Month for December. He was very busy!! He supported the coverage of the KCIC table for the Hispanic Masses, assisted with breakfast for Santa by cooking alongside Master Chef Sonny Masso, participated in the Council's Christmas dinner and helped with packing and delivering Christmas food boxes and coats. Lastly, he bartended at the Volunteer Honor Celebration, once again, working alongside Master Mixologist, Sonny Masso.

THANK YOU, Brother Sebastian, for your dedication to the Council and all we (you) served!





A FAMILY PRAYER

*Jesus, Mary and Joseph,
in you we contemplate the splendor of true love,
to you we turn with trust.*

*Holy Family of Nazareth,
grant that our families too may be places of communion
and prayer, authentic schools of the Gospel and small
domestic churches.*

*Holy Family of Nazareth,
may families never again experience violence, rejection
and division: may all who have been hurt or scandalized
find ready comfort and healing.*

*Holy Family of Nazareth,
make us once more mindful of the sacredness and
inviolability of the family, and its beauty in God's plan.*

*Jesus, Mary and Joseph, graciously hear our prayer.
Amen.*

**DUES NOTICES for 2025 HAVE BEED SENT OUT.
DUES should be paid NLT JAN 24th!**

It is time for the Council to collect your annual Council dues (\$55 Associate/\$9.50 Honorary). Your dues are virtually our only income—the only thing that allows us to help others in need and to maintain our minimal Council needs. Please note, the Council has to pay the State Council and Supreme a per capita amount for EVERY member—whether you pay your dues or not.

The Council should receive your payment by check, cash or credit card by January 24, 2025. Additionally, this year we are happy to announce that you will be able to pay ONLINE via this secure website (no fees!): <https://queenofapostles.ccbchurch.com/goto/forms/19/responses/new>

You will receive a confirmation email. To ensure your payment has been properly recorded, please forward

your confirmation email to FS Roger Williams at sbrog11@yahoo.com. THANK YOU!

If you did not receive your EMAIL Dues notice, please check your SPAM files. Snail Mail invoices are not being sent out.

If you are unable to pay your dues now, please—let Financial Secretary, Roger Williams, know as soon as possible. The Council will gladly work with you to come to a satisfactory solution.

Remember, the financial health of the Council depends on your timely remittance of dues!!

May God bless you and your families throughout the year and if there is anything, we can do for you, please don't hesitate to reach out to any of us.

Annual Christmas “Basket” Campaign

This year the Council once again provided boxes filled for 15 needy families (90+ family members total) identified by the Poor Sisters of St. Joseph. In addition to the dry/canned goods (graciously provided by the ACCA Food Pantry), each family received approximately an eight-pound ham, a sack of potatoes, a sack of onions and one of oranges as well. The Council once again coupled the Christmas Baskets with donations from our “Coats for Kids” campaign.



Each year, the Christmas Baskets event is a significant “lift” and could not be accomplished without the efforts and contributions of many. A multitude of thanks goes to the beforementioned ACCA Food Pantry (Jean Rackowski, in particular), Mr. Taylor Vaughn, Store Manager at Harris Teeter, Mother Maria and the PSSJ and of course, all the Brother Knights (led by WDGK Rick Sacra) that helped to pick-up, sort and deliver the boxes and coats. God Bless everyone for their part in making Christmas better for those families and children.

March for Life 2025

TOGETHER, WE GATHER TO CELEBRATE LIFE!

Even with the wonderful blessing of *Roe v. Wade* being overturned, which allows more freedom at the state level to enact pro-life laws, the necessary work to build a culture of life in the United States of America is not finished. Rather, it is focused differently. Sadly, the number of abortions annually is still well over 900,000 each year, and that number is expected to decrease only by roughly 200,000 each year in a post-*Roe* America.

Many national legislative battles loom, including even keeping longstanding Hyde protections, which limit government funding for abortion on annual appropriation bills. The Hyde Amendment has saved over 2 million lives and is arguably the most impactful pro-life policy in our nation's history, but now cannot be taken for granted. Last, our most important work is changing hearts and minds. The goal of the National March for Life is to not only change laws at the state and federal level, but to change the culture to ultimately make abortion unthinkable.

With the role of the states being more important, we are also growing a strong state march for life initiative quickly, however, we will continue to march every January at the national level until a culture of life is restored in the United States of America.

For our part, we need at least three volunteers to help marshal the March for Life parade downtown. Having enough marshals is important to having a safe event. In the last several years authorities have added manpower requirements for first aid, clean-up, marshaling, and keeping Marchers from engaging with counter-protesters. Sign up is here: www.tinyurl.com/KofC2025MFL. Click 'Sign Up' then click 'Save and Continue'. Complete the form and click 'Sign Up Now'. Virginia Knights have marshaled the national March for Life for over 50 years, be a part of our history by signing up to marshal on January 24, 2025. Meet in D.C. at 9:00 AM and finish up around 3:30 PM. Be one of the 100 marshals to help this year!



Lecturer's Offering

"I am with you"

"When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze." (Isaiah 43:2)

It requires great faith and a strong character to be able to work through adversity and disappointment. Many seemingly strong people eventually collapse under their burdens.

The Lord never promised that our lives would be trouble-free just because we choose to serve Him. But he did promise to be there for us at all times and help us over life's hurdles. Knowing that you don't have to tackle the afflictions of life on your own is a comforting and reassuring thought.

When problems mar your view and place pressure on you, turn to Christ. He is your heavenly Companion. Overcome your problems in the peace of His presence.

Thank you, omnipotent Father, that I can say with confidence that You are with me day by day. Amen.

Polar Plunge 2025

The Special Olympics mission remains as vital today as it did when the movement was founded 50 years ago in 1968. Your donations provide year-round sports training



and athletic competitions in a variety of Olympic-type sports for children and adults

with intellectual disabilities. This gives them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

The program, however, is about more than sports. Special Olympics envisions a world in which people with intellectual disabilities lead healthy, vibrant lives grounded in ongoing sports and physical activity, sound nutrition and a deeply held conviction to improve, compete, achieve and demonstrate their personal best to themselves and their community. The current strategic plan is focused on program quality, improved athlete performance, increased funding and harnessing digital technology to expand programs.

In support of the Special Olympics Virginia, the State Council runs its' own Polar Plunge! Donations can be made by credit card by visiting our personal Council Page here:

<https://impact.specialolympicsva.org/team/612824>

You can also donate by check [but credit card is the preferred method.]

1. Checks **MUST** be made out to "Special Olympics Virginia"
2. *Memo field MUST say "Plunge KofC 4522"*
3. Checks MUST be mailed to:
Special Olympics VA
c/o Polar Plunge
3212 Skipwith Road
Suite 100
Richmond VA 23294

THANK YOU in advance for your generous contributions!!!! Support Special Olympics! Support Council 4522!

Casey Women's Club

Happy New Year to all! We are planning our first Bunco of the year on Tuesday January 28th. Please contact VP Geri Owens for more information. Please continue to pray for our members that are ill, and pray all have a healthier and prosperous new year!



Happy January Birthdays!

Anthony J Pasquale	01-01
Michael J Lewis	01-02
Thomas J Byrnes Esquire	01-05
PGK Carroll D Glass	01-09
Joseph B McFadden	01-09
David C Cook	01-14
David A Connolly	01-16
Innocent Nukuri	01-18
Alfred F De Costa	01-21
Michael C Opachko	01-21
Tyler Livingston	01-23
Louis J Lombardo	01-26
James Laurence Bailey	01-28
Stanley A Burger	01-28
Paul G Vrabel	01-28
Edward F Kearney	01-29
PGK Billy D Stewart Jr	01-30

Reminder

All editions of The Knightly News, past and current, are available on the Council website at www.kc4522.com



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The submission deadline for the February Newsletter is January 20th.

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact FS Roger Williams @ jpii4522@gmail.com.
Additional information and points of contact are posted on our website at www.kc4522.com.

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